

First-Meeting Kit

and a standard session agenda for discipleship dyads and triads

The covenant says what you have agreed to. This sheet shows what the hour actually looks like, so a new group never has to wonder what to do once everyone sits down.

Bring to the First Meeting

- ☐ A Bible for each person (the same translation helps)
- ☐ A blank Discipleship Covenant for each person
- ☐ Pens, and a calendar or phone for scheduling
- ☐ A copy of the Study Pathway (to choose a starting text)

First Meeting Agenda (about 75 minutes)

Time	Segment	What happens
0:00	Welcome and stories	Each person takes about five minutes: how did you come to faith, and who has helped you grow?
0:15	Read Luke 14:25-33	Read it aloud twice. Ask: What is Jesus doing with the crowd? What do the builder and the king have in common? What would counting the cost look like for you?
0:35	Fill out the covenant	Work through all six boxes together: who, what, when, format, accountability, duration and multiplication.
0:50	Choose the first text	Pick a starting book from the Study Pathway. Agree on how much to read before next time.
0:55	Set up between-meeting tools	Exchange contact details. Start a shared notes folder or document if you will use one.
1:00	Pray	Pray for each other by name, and for the commitment you have just made.

Standard Session Agenda (60 minutes)

Time	Segment	What happens
0:00	Check in	"What happened when you tried last week's step?" Then: "Where did you fall short this week, and where did you see God at work?"
0:10	Read the text	Read the passage aloud, twice, with different readers.
0:15	Work the text by question	Observation, then interpretation, then application. Use the Socratic Leader's Card.
0:40	Land on obedience	Each person names one specific, checkable step before the next meeting. Write it down.
0:50	Pray	Pray for each other by name, using the steps just named and any requests.

Keep It Healthy

- **Start and end on time.** Respecting the hour keeps busy people coming.
- **Rotate the questions.** After about three months, let others prepare and lead. That is how a triad trains its future leaders.
- **Protect confidence.** What is shared in the group stays in the group, within the limits named in the Discipler's Guide.
- **Missed a week?** Resume where you left off. Don't try to catch up by doubling the reading.

Session Notes

Photocopy this page and keep one per meeting.

Date:	Passage:
Main truth in one sentence:	

Name	Step before next meeting

Prayer requests

Follow up next time
